

**CHECKLIST**

Start Here 

The 1p challenge can help you build discipline and get into the habit of saving. Start checking off each box day by day!

**For full description of the challenge visit:**

[upgrademywealth.com/the-1p-savings-challenge](http://upgrademywealth.com/the-1p-savings-challenge)

£0.01	<input type="checkbox"/>	£0.38	<input type="checkbox"/>	£0.75	<input type="checkbox"/>	£1.12	<input type="checkbox"/>	£1.49	<input type="checkbox"/>	£1.86	<input type="checkbox"/>	£2.23	<input type="checkbox"/>	£2.60	<input type="checkbox"/>	£2.97	<input type="checkbox"/>	£3.34	<input type="checkbox"/>
£0.02	<input type="checkbox"/>	£0.39	<input type="checkbox"/>	£0.76	<input type="checkbox"/>	£1.13	<input type="checkbox"/>	£1.50	<input type="checkbox"/>	£1.87	<input type="checkbox"/>	£2.24	<input type="checkbox"/>	£2.61	<input type="checkbox"/>	£2.98	<input type="checkbox"/>	£3.35	<input type="checkbox"/>
£0.03	<input type="checkbox"/>	£0.40	<input type="checkbox"/>	£0.77	<input type="checkbox"/>	£1.14	<input type="checkbox"/>	£1.51	<input type="checkbox"/>	£1.88	<input type="checkbox"/>	£2.25	<input type="checkbox"/>	£2.62	<input type="checkbox"/>	£2.99	<input type="checkbox"/>	£3.36	<input type="checkbox"/>
£0.04	<input type="checkbox"/>	£0.41	<input type="checkbox"/>	£0.78	<input type="checkbox"/>	£1.15	<input type="checkbox"/>	£1.52	<input type="checkbox"/>	£1.89	<input type="checkbox"/>	£2.26	<input type="checkbox"/>	£2.63	<input type="checkbox"/>	£3.00	<input type="checkbox"/>	£3.37	<input type="checkbox"/>
£0.05	<input type="checkbox"/>	£0.42	<input type="checkbox"/>	£0.79	<input type="checkbox"/>	£1.16	<input type="checkbox"/>	£1.53	<input type="checkbox"/>	£1.90	<input type="checkbox"/>	£2.27	<input type="checkbox"/>	£2.64	<input type="checkbox"/>	£3.01	<input type="checkbox"/>	£3.38	<input type="checkbox"/>
£0.06	<input type="checkbox"/>	£0.43	<input type="checkbox"/>	£0.80	<input type="checkbox"/>	£1.17	<input type="checkbox"/>	£1.54	<input type="checkbox"/>	£1.91	<input type="checkbox"/>	£2.28	<input type="checkbox"/>	£2.65	<input type="checkbox"/>	£3.02	<input type="checkbox"/>	£3.39	<input type="checkbox"/>
£0.07	<input type="checkbox"/>	£0.44	<input type="checkbox"/>	£0.81	<input type="checkbox"/>	£1.18	<input type="checkbox"/>	£1.55	<input type="checkbox"/>	£1.92	<input type="checkbox"/>	£2.29	<input type="checkbox"/>	£2.66	<input type="checkbox"/>	£3.03	<input type="checkbox"/>	£3.40	<input type="checkbox"/>
£0.08	<input type="checkbox"/>	£0.45	<input type="checkbox"/>	£0.82	<input type="checkbox"/>	£1.19	<input type="checkbox"/>	£1.56	<input type="checkbox"/>	£1.93	<input type="checkbox"/>	£2.30	<input type="checkbox"/>	£2.67	<input type="checkbox"/>	£3.04	<input type="checkbox"/>	£3.41	<input type="checkbox"/>
£0.09	<input type="checkbox"/>	£0.46	<input type="checkbox"/>	£0.83	<input type="checkbox"/>	£1.20	<input type="checkbox"/>	£1.57	<input type="checkbox"/>	£1.94	<input type="checkbox"/>	£2.31	<input type="checkbox"/>	£2.68	<input type="checkbox"/>	£3.05	<input type="checkbox"/>	£3.42	<input type="checkbox"/>
£0.10	<input type="checkbox"/>	£0.47	<input type="checkbox"/>	£0.84	<input type="checkbox"/>	£1.21	<input type="checkbox"/>	£1.58	<input type="checkbox"/>	£1.95	<input type="checkbox"/>	£2.32	<input type="checkbox"/>	£2.69	<input type="checkbox"/>	£3.06	<input type="checkbox"/>	£3.43	<input type="checkbox"/>
£0.11	<input type="checkbox"/>	£0.48	<input type="checkbox"/>	£0.85	<input type="checkbox"/>	£1.22	<input type="checkbox"/>	£1.59	<input type="checkbox"/>	£1.96	<input type="checkbox"/>	£2.33	<input type="checkbox"/>	£2.70	<input type="checkbox"/>	£3.07	<input type="checkbox"/>	£3.44	<input type="checkbox"/>
£0.12	<input type="checkbox"/>	£0.49	<input type="checkbox"/>	£0.86	<input type="checkbox"/>	£1.23	<input type="checkbox"/>	£1.60	<input type="checkbox"/>	£1.97	<input type="checkbox"/>	£2.34	<input type="checkbox"/>	£2.71	<input type="checkbox"/>	£3.08	<input type="checkbox"/>	£3.45	<input type="checkbox"/>
£0.13	<input type="checkbox"/>	£0.50	<input type="checkbox"/>	£0.87	<input type="checkbox"/>	£1.24	<input type="checkbox"/>	£1.61	<input type="checkbox"/>	£1.98	<input type="checkbox"/>	£2.35	<input type="checkbox"/>	£2.72	<input type="checkbox"/>	£3.09	<input type="checkbox"/>	£3.46	<input type="checkbox"/>
£0.14	<input type="checkbox"/>	£0.51	<input type="checkbox"/>	£0.88	<input type="checkbox"/>	£1.25	<input type="checkbox"/>	£1.62	<input type="checkbox"/>	£1.99	<input type="checkbox"/>	£2.36	<input type="checkbox"/>	£2.73	<input type="checkbox"/>	£3.10	<input type="checkbox"/>	£3.47	<input type="checkbox"/>
£0.15	<input type="checkbox"/>	£0.52	<input type="checkbox"/>	£0.89	<input type="checkbox"/>	£1.26	<input type="checkbox"/>	£1.63	<input type="checkbox"/>	£2.00	<input type="checkbox"/>	£2.37	<input type="checkbox"/>	£2.74	<input type="checkbox"/>	£3.11	<input type="checkbox"/>	£3.48	<input type="checkbox"/>
£0.16	<input type="checkbox"/>	£0.53	<input type="checkbox"/>	£0.90	<input type="checkbox"/>	£1.27	<input type="checkbox"/>	£1.64	<input type="checkbox"/>	£2.01	<input type="checkbox"/>	£2.38	<input type="checkbox"/>	£2.75	<input type="checkbox"/>	£3.12	<input type="checkbox"/>	£3.49	<input type="checkbox"/>
£0.17	<input type="checkbox"/>	£0.54	<input type="checkbox"/>	£0.91	<input type="checkbox"/>	£1.28	<input type="checkbox"/>	£1.65	<input type="checkbox"/>	£2.02	<input type="checkbox"/>	£2.39	<input type="checkbox"/>	£2.76	<input type="checkbox"/>	£3.13	<input type="checkbox"/>	£3.50	<input type="checkbox"/>
£0.18	<input type="checkbox"/>	£0.55	<input type="checkbox"/>	£0.92	<input type="checkbox"/>	£1.29	<input type="checkbox"/>	£1.66	<input type="checkbox"/>	£2.03	<input type="checkbox"/>	£2.40	<input type="checkbox"/>	£2.77	<input type="checkbox"/>	£3.14	<input type="checkbox"/>	£3.51	<input type="checkbox"/>
£0.19	<input type="checkbox"/>	£0.56	<input type="checkbox"/>	£0.93	<input type="checkbox"/>	£1.30	<input type="checkbox"/>	£1.67	<input type="checkbox"/>	£2.04	<input type="checkbox"/>	£2.41	<input type="checkbox"/>	£2.78	<input type="checkbox"/>	£3.15	<input type="checkbox"/>	£3.52	<input type="checkbox"/>
£0.20	<input type="checkbox"/>	£0.57	<input type="checkbox"/>	£0.94	<input type="checkbox"/>	£1.31	<input type="checkbox"/>	£1.68	<input type="checkbox"/>	£2.05	<input type="checkbox"/>	£2.42	<input type="checkbox"/>	£2.79	<input type="checkbox"/>	£3.16	<input type="checkbox"/>	£3.53	<input type="checkbox"/>
£0.21	<input type="checkbox"/>	£0.58	<input type="checkbox"/>	£0.95	<input type="checkbox"/>	£1.32	<input type="checkbox"/>	£1.69	<input type="checkbox"/>	£2.06	<input type="checkbox"/>	£2.43	<input type="checkbox"/>	£2.80	<input type="checkbox"/>	£3.17	<input type="checkbox"/>	£3.54	<input type="checkbox"/>
£0.22	<input type="checkbox"/>	£0.59	<input type="checkbox"/>	£0.96	<input type="checkbox"/>	£1.33	<input type="checkbox"/>	£1.70	<input type="checkbox"/>	£2.07	<input type="checkbox"/>	£2.44	<input type="checkbox"/>	£2.81	<input type="checkbox"/>	£3.18	<input type="checkbox"/>	£3.55	<input type="checkbox"/>
£0.23	<input type="checkbox"/>	£0.60	<input type="checkbox"/>	£0.97	<input type="checkbox"/>	£1.34	<input type="checkbox"/>	£1.71	<input type="checkbox"/>	£2.08	<input type="checkbox"/>	£2.45	<input type="checkbox"/>	£2.82	<input type="checkbox"/>	£3.19	<input type="checkbox"/>	£3.56	<input type="checkbox"/>
£0.24	<input type="checkbox"/>	£0.61	<input type="checkbox"/>	£0.98	<input type="checkbox"/>	£1.35	<input type="checkbox"/>	£1.72	<input type="checkbox"/>	£2.09	<input type="checkbox"/>	£2.46	<input type="checkbox"/>	£2.83	<input type="checkbox"/>	£3.20	<input type="checkbox"/>	£3.57	<input type="checkbox"/>
£0.25	<input type="checkbox"/>	£0.62	<input type="checkbox"/>	£0.99	<input type="checkbox"/>	£1.36	<input type="checkbox"/>	£1.73	<input type="checkbox"/>	£2.10	<input type="checkbox"/>	£2.47	<input type="checkbox"/>	£2.84	<input type="checkbox"/>	£3.21	<input type="checkbox"/>	£3.58	<input type="checkbox"/>
£0.26	<input type="checkbox"/>	£0.63	<input type="checkbox"/>	£1.00	<input type="checkbox"/>	£1.37	<input type="checkbox"/>	£1.74	<input type="checkbox"/>	£2.11	<input type="checkbox"/>	£2.48	<input type="checkbox"/>	£2.85	<input type="checkbox"/>	£3.22	<input type="checkbox"/>	£3.59	<input type="checkbox"/>
£0.27	<input type="checkbox"/>	£0.64	<input type="checkbox"/>	£1.01	<input type="checkbox"/>	£1.38	<input type="checkbox"/>	£1.75	<input type="checkbox"/>	£2.12	<input type="checkbox"/>	£2.49	<input type="checkbox"/>	£2.86	<input type="checkbox"/>	£3.23	<input type="checkbox"/>	£3.60	<input type="checkbox"/>
£0.28	<input type="checkbox"/>	£0.65	<input type="checkbox"/>	£1.02	<input type="checkbox"/>	£1.39	<input type="checkbox"/>	£1.76	<input type="checkbox"/>	£2.13	<input type="checkbox"/>	£2.50	<input type="checkbox"/>	£2.87	<input type="checkbox"/>	£3.24	<input type="checkbox"/>	£3.61	<input type="checkbox"/>
£0.29	<input type="checkbox"/>	£0.66	<input type="checkbox"/>	£1.03	<input type="checkbox"/>	£1.40	<input type="checkbox"/>	£1.77	<input type="checkbox"/>	£2.14	<input type="checkbox"/>	£2.51	<input type="checkbox"/>	£2.88	<input type="checkbox"/>	£3.25	<input type="checkbox"/>	£3.62	<input type="checkbox"/>
£0.30	<input type="checkbox"/>	£0.67	<input type="checkbox"/>	£1.04	<input type="checkbox"/>	£1.41	<input type="checkbox"/>	£1.78	<input type="checkbox"/>	£2.15	<input type="checkbox"/>	£2.52	<input type="checkbox"/>	£2.89	<input type="checkbox"/>	£3.26	<input type="checkbox"/>	£3.63	<input type="checkbox"/>
£0.31	<input type="checkbox"/>	£0.68	<input type="checkbox"/>	£1.05	<input type="checkbox"/>	£1.42	<input type="checkbox"/>	£1.79	<input type="checkbox"/>	£2.16	<input type="checkbox"/>	£2.53	<input type="checkbox"/>	£2.90	<input type="checkbox"/>	£3.27	<input type="checkbox"/>	£3.64	<input type="checkbox"/>
£0.32	<input type="checkbox"/>	£0.69	<input type="checkbox"/>	£1.06	<input type="checkbox"/>	£1.43	<input type="checkbox"/>	£1.80	<input type="checkbox"/>	£2.17	<input type="checkbox"/>	£2.54	<input type="checkbox"/>	£2.91	<input type="checkbox"/>	£3.28	<input type="checkbox"/>	£3.65	<input type="checkbox"/>
£0.33	<input type="checkbox"/>	£0.70	<input type="checkbox"/>	£1.07	<input type="checkbox"/>	£1.44	<input type="checkbox"/>	£1.81	<input type="checkbox"/>	£2.18	<input type="checkbox"/>	£2.55	<input type="checkbox"/>	£2.92	<input type="checkbox"/>	£3.29	<input type="checkbox"/>		
£0.34	<input type="checkbox"/>	£0.71	<input type="checkbox"/>	£1.08	<input type="checkbox"/>	£1.45	<input type="checkbox"/>	£1.82	<input type="checkbox"/>	£2.19	<input type="checkbox"/>	£2.56	<input type="checkbox"/>	£2.93	<input type="checkbox"/>	£3.30	<input type="checkbox"/>		
£0.35	<input type="checkbox"/>	£0.72	<input type="checkbox"/>	£1.09	<input type="checkbox"/>	£1.46	<input type="checkbox"/>	£1.83	<input type="checkbox"/>	£2.20	<input type="checkbox"/>	£2.57	<input type="checkbox"/>	£2.94	<input type="checkbox"/>	£3.31	<input type="checkbox"/>		
£0.36	<input type="checkbox"/>	£0.73	<input type="checkbox"/>	£1.10	<input type="checkbox"/>	£1.47	<input type="checkbox"/>	£1.84	<input type="checkbox"/>	£2.21	<input type="checkbox"/>	£2.58	<input type="checkbox"/>	£2.95	<input type="checkbox"/>	£3.32	<input type="checkbox"/>		
£0.37	<input type="checkbox"/>	£0.74	<input type="checkbox"/>	£1.11	<input type="checkbox"/>	£1.48	<input type="checkbox"/>	£1.85	<input type="checkbox"/>	£2.22	<input type="checkbox"/>	£2.59	<input type="checkbox"/>	£2.96	<input type="checkbox"/>	£3.33	<input type="checkbox"/>		